



Blessed Sacrament School
Wednesday Weekly
September 29, 2021

Boys Town Skill of the Week: Accepting “No” for an Answer

1. *Look at the person*
2. *Say “Okay”*
3. *Stay calm*
4. *If you disagree, ask later*

Dear Blessed Sacrament Families,

Yesterday morning before school, one of our 8th grade students brought in a PreK student who had fallen as he was getting out of his car for the morning. The older student grabbed his fallen water bottle and helped him to the front office even though he insisted heavily that he wanted to go straight to breakfast. This PreK student was a bit banged up and needed *four* band aids. Although there were remnants of tears on his eyelashes, this little guy was beaming as he was given much love and attention with each band aid he received. This same 8th grade student made sure he safely got to his long-awaited breakfast once he was all patched up. This morning, the younger student brought in a thank-you card for the older student, which I peeked at (since it wasn't sealed). Included with a kind note from this student's parents was a colorful drawing of the PreK student falling out of the car along with a “Thank you” and signature in crayon. It was the 8th grade student who was beaming when she received this heart-warming card.

Besides wanting to spread the joy I felt with this story, I wanted to emphasize the service that this 8th grader voluntarily contributed to one student, which spread to a family, which eventually spread to our school and community. It would have been easy for her to assume this boy's parents would take care of him, but she took the initiative to help. Our school community is always called to help others in a number of ways, and volunteer opportunities is one of those ways that is available to us as parents. This week's [Monday Minute](#) highlights this importance of service through volunteer work, and I believe it is important in building our faith and unity as a school and parish. Please step out of your comfort zone to serve like this 8th grade student did for a younger classmate knowing that you may not receive an adorably signed and illustrated thank-you card.

In Christ,

Mrs. Jennifer Tran

BSS VOLUNTEER HUB

We could always use more volunteers at Blessed Sacrament! To make it easier for you to know what is needed and to sign up, Sara Sharp has created a [BSS Volunteer Hub](#). The first tab explains how it works, and the rest of the tabs are different areas where volunteers may be needed. We are just getting it up and running, so not all tabs are prepared to accept volunteers at this moment, but they will once the events get closer. Thank you for donating your time to a worthy cause!

HUSKER CATERING



The PTO is in need of 4 more volunteers for the pizza boxing for this weekend's game on October 2. Start time is 2:45pm. There are also spots open for the October 9th football game. For both games, you arrive at Memorial Stadium at 2:45pm and will be provided parking and check-in information. Volunteers will be done at half-time at the latest and are welcome to stay and watch the rest of the football game. The PTO will receive \$100 per volunteer! There is a 16-year-old minimum age requirement to volunteer. Please email Clarissa Hunt at ceceluther@yahoo.com if you can volunteer or go to the volunteer hub [BSS Volunteer Hub](#) to sign up. GO BIG RED!!!

FIRST FRIDAY COLLECTION

Don't forget to send some money with your child this Friday, October 1, for the First Friday Collection. This week's collection will go towards Catholic Social Services. Thank you for your generosity!

PARENT-TEACHER CONFERENCE SIGN-UP

Conferences are next week—Thursday, October 7. Parents are required to attend this first conference. Sign up before 5pm on October 6! In Pre-K through 5th grade, we ask that you keep your children home if possible or that they sit quietly during the conferences if no other option is available. In 6th through 8th grade, we ask that your children participate with you during the conference. Click the links below to sign-up for a time that works best with your schedule:

[PreK-5 Sign-Ups](#)
[Sign-Ups](#)

[6-8 Sign-Ups](#)

[Specials/Electives](#)

SCHOOL FOOD MARKET

School Food Market will be at Blessed Sacrament on **Tuesday, October 5**. They will be up and ready for the kids to come grab food after school gets out. Any food that is left behind or doesn't get picked up will be left to use for school lunches.

FUND-A-WANT

*At Blessed Sacrament we are blessed to have amazing teachers and staff that help our children grow in their education and faith. There is no better way to show support to our teachers than helping them get the resources they need/want to have in their classroom to help our students become the best they can be. PTO is excited to sponsor the Fund-A-Want project. On this [Amazon wish list](#), there are supplies/tools our teachers are requesting for their classrooms. This project will run through **Friday October 15th**. Items can be shipped directly to Blessed Sacrament, 1725 Lake St, Lincoln, NE 68502 or you can bring them in. Thank you for helping us support our teachers. If you have any questions, please contact Clarissa Hunt at ceceluther@yahoo.com.*

TEAMMATES MENTORS NEEDED

Blessed Sacrament School is in the beginning stages of implementing the Teammates program. Do you want to make a difference in a young person's life? Teammates provides positive relationships, support, and encouragement for students. A mentor would meet with a student one time a week at Blessed Sacrament for 30 to 45 minutes. If you are interested, please contact Mary Thompson at mary-thompson1@cdolinc.net.

GIRLS CHOIR

Girls' Choir returns on Saturday, October 9! All 4th through 8th grade girls are invited to sing with the Girls' Choir. We come with willing hearts and a desire to raise our voices (masked) together in song—no previous experience needed. We sing for Mass twice a month on Saturday afternoons, rehearsing in the choir loft at 4:15 and singing for the 5:30 Mass. We'll sing again on October 23. Come make a joyful noise to the Lord! Contact Hannah Jo Smith for more information: hannahjosmith@yahoo.com.

LEGO CLUB

*Students who are too young to participate in Robotics, 1st through 3rd graders, are highly encouraged to join our new Lego Club sponsored by our very own Ms. Rettig. Meetings will be on Monday nights at the same time as Robotics (3:30-4:00) starting **October 4**. Please email Ms. Rettig at Alyssa-rettig@cdolinc.net if you are interested.*

BOLT EXPO

*Eighth grade students and their families interested in learning more about Pius X High School should attend the Bolt Expo from 1:00 to 2:30pm on **Saturday, Oct. 16** at Pius X, 6000 A St. Current students and staff from multiple clubs and activities will be on hand to share information about the school. This is an outdoor event, with tours of the building available. Pius X will begin registration for the 2022-2023 school year in February 2022. Learn more at <https://PiusX.net/expo>.*

QPR TRAINING

In honor of suicide prevention month, Pius X has teamed up with Region V to host a community QPR training. QPR is an innovative, practical and proven suicide prevention training. This program will train people to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone for help. As adults working every day with children and adolescents, it's critical to realize the rate of suicide among those aged 10-24 increased nearly 60% between 2007 and 2018 (Center for Disease Control and Prevention). QPR training will help empower you to respond to a student or anyone in a time of crisis. Please consider signing up at <https://talkheart2heart.org/resources/qpr-training/>.