

# Blessed Sacrament School

## COVID-19 Prevention Plan – Spring 2022

**Masks** – Recommended but not required in all indoor areas. Masks are required during transportation through LPS services.

### School Exclusion

- “Normal” exclusion policy criteria (fever, vomiting, diarrhea, etc.) should be used to determine if a student or staff should be excluded from school.
- The student or staff person may be allowed to return to school when symptoms subside in accord with our normal exclusion policy.

### Symptomatic issues

If a known exposure has occurred, a student or staff member with the following symptoms must be excluded from attendance and require a negative COVID-19 test (at-home test accepted with picture for documentation—the school can provide you one) or doctor’s note with alternative diagnosis before return:

- Any **ONE** of the following:
  - Fever over 100 degrees Fahrenheit
  - Shortness of breath or difficulty breathing
  - Loss of taste or smell
- or any **TWO** of the following:
  - New onset of dry cough
  - Chills longer than two hours
  - Congestion and/or runny nose
  - Nausea, vomiting or diarrhea
  - Sore throat
  - Headache
  - Muscle pain

### Managing Persons That Test Positive for COVID-19 – Quarantine & Isolation

- If students or staff tests positive for COVID-19, they need to stay home for five days from the date the COVID symptoms began or the sample was collected (date of the test). Day 0 is the date of test or symptom start.
- If they do not have symptoms or if symptoms are resolving (including fever free for 24 hours without fever-reducing medication), they can return to school on day six. However, they must wear a mask through day ten starting on the day after the test sample was collected.
- If students or staff cannot wear a mask, they must quarantine and isolate for ten days.

\* If/When students return to school from day 6-10, they will need to eat breakfast/lunch distanced from others.

### Managing Close Contact Exposures – Quarantine

*A close contact exposure is defined as an unmasked COVID-positive individual being within six feet of another unmasked individual for a cumulative time of 15 minutes within the last 24 hours.*

- Students and staff do not have to be excluded if they have had a close contact exposure in school but must wear a mask for ten days after exposure while at school or participating in school activities and are encouraged to test on day five. If a negative test is received after five days, mask can be removed on day eight.
- Students and staff who have on-going, high-risk exposure to a positive individual who is unable to isolate (i.e. household) should remain at home until the positive individual completes five days of quarantine. Extra vigilance on screening for symptoms when they return is advisable and a mask should be worn for ten days.
- If symptoms develop, they must quarantine and be tested.
- If students or staff cannot wear a mask, they must quarantine for ten days.

### Classroom Transmission

If transmission is strongly suspected in a classroom (three or more confirmed cases) within an incubation period (ten days), the following actions are recommended:

- Exclude all persons that test positive and follow quarantine and isolation guidance above.
- Require masking for all students and staff that potentially had close contact for at least ten days.

### Changing Circumstances

We are excited with the complete drop in cases at Blessed Sacrament and seeing the same trend in other schools as well. The highlighted adjustments above are made to match with this trend while also keeping foremost in mind health and safety. We will continue to rely on the guidance and direction of the Lincoln Lancaster County Health Department. May God bless and guide us as we continue to have an excellent second semester despite the challenging circumstances.