

Boys Town Skill of the Week: Asking Permission

- 1. Look at the person.
- 2. Use a calm and pleasant voice.
- 3. Say "May I..."
- 4. Accept the answer calmly.

Dear Blessed Sacrament Families,

We have started a new social emotional learning (SEL) program this year at Blessed Sacrament called Choose Love. For those who are unfamiliar with SEL, the purpose of it is to help students develop self-awareness and interpersonal skills, which are essential for handling everyday challenges. With this, the goal is to create a learning environment that encourages positivity, growth, and critical thinking. I had the opportunity of seeing this program in action at St. Peter School, and North American Martyrs has seen success with it at their school as well. The origins of this specific program stood out to me as a cross that many of us Christians struggle through—finding forgiveness in the midst of tragedy. Scarlet Lewis, the creator of Choose Love, describes the origins best, "Choose Love is inspired by 6-year-old Jesse Lewis, his final acts of love, and his mother's path of forgiveness after Jesse was killed in a school shooting." Although this program isn't specifically Christian/Catholic, each unit has roots in Catholicism and make clear connections to what it means to be Catholic: Courage, Gratitude, Forgiveness, and Compassion. I know that creating a Catholic SEL program is in the works within our Nebraska Diocese, but I believe this program taught in our Catholic environment with all devoutly Christian teachers will be fruitful for our students. To learn more, including accessing curriculum by grade, please feel free to explore the Choose Love website.

In Christ,

Mrs. Jennifer Tran

ASSEMBLY PUMPKIN VOTE

We have an all-school assembly tomorrow where our School Families (the ones within the classes) will decorate pumpkins as a movie/show/book character of their choice. We will take pictures of them to put on the Blessed Sacrament Facebook page, and it will be up to you to "like" your favorite one to see who wins. Winners will be announced at the end of the day on Friday, October 21.



PTO FUND-A-WANT

The PTO has extended the Fund-A-Want to end on **FRIDAY October 28!** New items have been added to the list the <u>Amazon Wish List</u>. Please consider supporting our amazing teachers that work so hard to help our children grow in

their education and faith. If you are unsure of what to buy, you are welcome to purchase a gift card and the PTO will compile them for purchases. Thank you for supporting our teachers. If you have any questions, please contact Clarissa Hunt at ceceluther@yahoo.com or 402-480-2225. Also, a big thank you for all who were able to make it out to PTO's Slim Chickens dine out last night. It was wonderful to see our families and all of the support!

TRUNK OR TREAT

A flier is attached inviting you to our Blessed Sacrament Truck or Treat Friday, October 28 from 5:30-7:30 hosted by the Knights of Columbus. Please come mosey around our parking lot and enjoy treats out of fellow parishioner trunks! If you are interested in hosting your own trunk for this event, please sign up here!

DAILY MASS SEATING POLICY

We are adjusting our policy in regards to parents/grandparents sitting with their children/grandchildren. We recognize that family is the first and biggest influence of faith while also recognizing that it is difficult for teachers to have students taken from their class once the school day has started. If you'd like to sit with your student(s) during daily Mass, you may sit behind the class in the same pew as the teacher with no more than once a week. Please email Jennifer-tran@cdolinc.net if you have any questions about this adjustment in policy.

ARCHERY NEWS

Archery season will be starting on Wednesday, November 9 with a short meeting for participants and their parents at 3:30p.m. to discuss information for the upcoming season. Practices will begin in November on Wednesday the 16th and Thursday the 17th from 3:30 to 4:45 p.m. students will learn their practice days and times at the meeting. Thank you. –Mr. Stoley

LOST & FOUND

It's time to clean out our Lost & Found bin (at the bottom of the ramp in the main hallway)! Please feel free to "shop" our bin this week for anything your children could use since it isn't getting any use where it's at. At the end of next week, what is left will either be donated or kept in the office for students who need a uniform sweatshirt. I encourage you all to label sweatshirts and jackets, so it can be returned to your children in case it's misplaced. Thank you!

BSS GIRLS CHOIR

Girls Choir is returning to Blessed Sacrament Parish with an updated schedule! All girls in grades 4-8 are welcome to participate. Choir will sing for 7PM Holy Day Masses on **November 1** (All Saints), December 8 (Immaculate Conception), and for 5:30 Christmas Eve Mass. Rehearsals will take place from 4:00 - 5:00 PM on October 21 and 28, November 11, December 2, and December 16. It is okay if not all practices can be attended. Contact Julia Delarosa Lang for more details - jdelarosa393@gmail.com, (254) 405-0928.



PIZZA BOX VOLUNTEERS

The PTO needs volunteers for the final two Husker Football games! A great way to get USKERS your stewardship hours and help the PTO! There is a 16-year-old minimum age requirement to volunteer. The PTO receives \$100 per volunteer and with these funds, the PTO is able to

fund field trips, positive office referral parties, and so much more. Below are the dates of the football games and the number of volunteers needed. Please email Clarissa Hunt at ceceluther@yahoo.com or text/call 402-480-2225 if you can volunteer. These volunteer hours will go towards your family's 15 hours of stewardship hours. Thank you for helping the PTO.

November 5th arrive at Memorial Stadium TBA. Need 7 volunteers November 19th arrive at Memorial Stadium TBA. Need 8 volunteers

SCRIP

Christmas is right around the corner! Use Scrip gift cards for purchasing gifts or groceries for your

holiday gatherings. Need a teacher gift but not sure what they would like? Scrip gift certificates allow them to buy exactly the gift card they want. Order early to ensure the cards you want are in stock! Here is a complete list of gift cards: https://www.raiseright.com/brands.

Not sure what Scrip is? Scrip is an easy way to support Blessed Sacrament just by using gift cards for your everyday purchases like groceries and gas! Scrip will be available between masses on Oct. 16th/30th and Nov. 6th/20th and is always available to purchase at the rectory during the week. Email Jennie Korth at jenniekorth@gmail.com or text 402-366-4218 with questions.

KNITTING FOR PCM

If you have a love of knitting or crocheting and have too much time on your hands, we have a father who works for People City Mission who would love to provide more hats/beanies to those in need. Email margaret.j.thompson@outlook.com if you'd like to donate.