

Boys Town Skill of the Week: Making an Apology

- 1. Look at the person.
- 2. Use a serious, sincere voice.
- 3. Say, "I'm sorry for..." or "I want to apologize for..."
- 4. Explain how you plan to do better in the future.
- 5. Say, "Thanks for listening."

Dear Blessed Sacrament Families.

Our Junior High Journalism class, led by Mrs. Katzmarek, has finished first quarter's Blessed Sacrament Quarterly (attached). I wanted to use this as a time to talk about the fun electives that our junior high students have the opportunity to take. New this year is **German**, taught by Mr. Buchkoski; **Interior Design**, taught by Miss Schmidt; and **Theater**, co-taught by Mrs. Katzmarek and Mr. Buchkoski. Besides our required specialty classes in junior high, there is also **Lifetime Sports** and **Strength & Conditioning**, taught by Mr. Cappel; **Journalism**, taught by Mrs. Katz; **Ceramics I&II** and **Painting I&II**, taught by Miss Schmidt; **Card Club**, taught by myself; **Choir** and **Music**, taught by Mrs. Furrow; **Band**, taught by Ms. King; and lastly, students have the option to be a **Teacher's Assistant** where they may help with the younger students or do small tasks for teachers. This is a great way for students to explore areas of interest or strength while also getting the sense of what is to come in high school and beyond. We are blessed with teachers who are willing to contribute their talents through these classes!

In Christ,

Mrs. Jennifer Tran

NEGATIVE BALANCE LUNCH ACCOUNTS

Starting 2nd quarter, if your child's lunch account falls below -\$3.10, they will be served an alternative lunch until the account is brought current. Reminder that you can check balances, add money, and sign up for alerts on the My School Bucks app. If you need your child's lunch account number or have any questions, please e-mail Melissa at Melissa-tvrdy@cdolinc.net. Lunch account balance letters will be sent home with your child this week.

VOLLEYBALL VOLUNTEERS

Thank you to those who have volunteered for our home volleyball games. We are close to filling all positions:

- Thursday, October 19
 - *Margaret Moran* as Money Taker 5:30-7:00
 - John Carey doing Concessions 5:30-7:00
 - o Jean Jochum and Laura Meysenburg as line judges 5:45 game
 - o Jean Jochum and ____ as line judges 6:45 game

Email Mr. Cappel at skyler-cappel@cdolinc.net if you are able to help out. The schedule for the volleyball season is on the school website under Athletics.

TRUNK OR TREAT

The Knights of Columbus is hosting their annual Trunk or Treat in the Blessed Sacrament parking lot on **Sunday, October 29 from 5:70-7:30** for a fun evening of dressing up and trick or treating. If you are is interested in hosting a trunk, please reach out to Justin Wemhoff at 402-440-5344.

SCHOOL FAMILY T-SHIRTS

Students received their annual School Family t-shirts with our new theme. They are able to wear these t-shirts or last year's t-shirt on the first Friday of the month for our monthly assembly. The shirts cost \$14 each. If you are able to pay for your children's shirts and have not yet (and maybe more if you'd like to try to cover some families who can't afford to pay), you can do one of the following: bring a check to the office, bring cash to the office, or Venmo the money to https://venmo.com/u/Clarissa-Luther-Hunt. Thank you!

UNIFORM REMINDER - COLD WEATHER

Beginning Thursday, November 2, all students are required to wear either long pants or leggings under skirts or shorts. This is due to the cold weather outside at recess. If you need assistance purchasing pants or leggings, please let Mrs. Tran know. Students will be allowed to wear shorts/skirts with bare legs again starting March 1.

PARISH ALL SAINTS' DAY CELEBRATION

Kids are invited to dress up as a saint for the 8:15a.m. Holy Day Mass. After Mass, the saints will process around the church, have a group photo taken, be given a small holy gift, and then head to the gym for a saintly party with games & treats! Lots of easy saint costume ideas online. Questions? Text or call K of C Family Directors Clem & Maggie Pella at 402-443-7343. Also keep in mind that Blessed Sacrament School's first graders will be doing an All Saints' Day Procession the day before at 2:55pm in the church.

Left over Halloween candy? Bring to the 8:15 a.m. Holy Day Mass or drop it off in the gym for the parish All Saints' Day party!

iPADS STILL AVAILABLE

If you are lacking in sources of technology for your children in regards to school, we have more iPads available from a government funded grant during the beginning period of the pandemic. Please email Jennifer-tran@cdolinc.net if you are interested in receiving one.