



Boys Town Skill of the Week: Appropriate Voice Tone

1. *Listen to the level of voices around you.*
2. *Change your voice tone to match.*
3. *Watch and listen for visual and verbal cues and adjust your voice as needed.*

Dear Blessed Sacrament Families,

Last Friday, our 8th graders graduated. The Mass was lovely, with music directed by a parent of one of our graduates (thanks, Andy!). Following Mass and the conferral of diplomas, everyone journeyed to the gym for a brief awards ceremony.

The gym looked festive. As the first few people went through the line to grab a cookie and drink, the lemonade container began leaking, and we ended up with about half a gallon of lemonade on the floor. No problem for this crowd! One dad snatched the leaking dispenser, pouring the remaining liquid into pitchers. Another dad found a mop and began the cleanup process. Even Fr. Reimers pitched in, moving the serving line to a different part of the gym. As all this was taking place, I was reminded that we are a family. I talk about our BSS family – this was another experience of it. Throughout the whole ordeal, I heard not one complaint. I love this family!

As we approach field day tomorrow and our last day of school, I am filled with gratitude. Thank you for being a part of this family and for welcoming me into it, too.

In Jesus our Eucharistic King,
Sister Marie Caritas, CK

REMINDER: Students may wear their Comet Family shirts and non-uniform shorts/pants for field day!

SENT HOME TODAY: Yearbook orders – if your family ordered multiple copies and only received one, please let us know so we can fix our mistake: caitlyn-heiden@cdolinc.net.

MAY'S LUNCH MENU: [May-lunch-menu-2026.pdf](#)

NOTICE REGARDING STUDENT LUNCH ACCOUNTS

Federal guidelines do NOT allow the School Lunch Program to operate on credit. **If your child's lunch account has a negative balance, your payment is due immediately.** Any negative lunch balance on a student's account that is not paid by May 22nd will be past due. Make payments online:

www.myschoolbucks.com or by cash, check, or card in the school office. Please include student's name and "lunch" in the memo line of checks. Thank you!

UPCOMING SCHOOL EVENTS

FIELD DAY – VOLUNTEERS NEEDED

Field Day is Thursday, May 21st. We still need a few volunteers: <https://signup.com/go/pYyRfUi>. Please note that you must have a current Safe Environment Training in order to volunteer. Contact carrie-black@cdolinc.net with questions.

VOLUNTEER OPPORTUNITIES

TOTUS TUUS – VOLUNTEERS AND SUPPLIES NEEDED

Totus Tuus is held at Blessed Sacrament June 14-19 and we are in need of the following volunteers and supplies:

- 2 Host families to house the Totus Tuus Men and Women during their week at Blessed Sacrament (Sunday evening through Friday morning). Host families provide breakfast each day for the Totus Tuus team Monday morning through Friday morning.
- 6 Parish families to provide lunches for the team Monday, Tuesday, Wednesday, Thursday, and Friday (by 12pm)
- 5 Parish families to host supper for the team Sunday, Monday, Tuesday, Wednesday, and Thursday (at 5pm)
- High schoolers are appreciated to help with the classes during the day. (This is a great way to earn service hours.)
- Snack and lunch volunteers (2 people each day between 9:30-10:30am and 12:00-1:15pm, although you are welcome to stay all day)
- Donations of soft drinks and snack for the high school program

Use the following link to sign up to volunteer, or call Cindy at 402-474-4249:

giving.myparishsoft.io/App/Form/11490551-d1d7-4273-9ac5-3fdefd33b2f8

ADDITIONAL ITEMS

2026-2027 ENROLLMENT

Enroll your student(s) at Blessed Sacrament for the 2026-2027 school year in PowerSchool by May 21st to be entered in a **raffle to win one of three \$50 gift cards of your choice through Scrip!** Register by May 1st to get three tickets per child. Register by May 8th to get two tickets per child. Use the following links to enroll now:

- For returning students: [Annual Student Information Review Instructions | Diocese of Lincoln Schools](#)
- For new students: [Pre-Enrollment Instructions | Diocese of Lincoln Schools](#)

Email carrie-black@cdolinc.net with any questions.

KIDS SUMMER ADORATION PROGRAM

Looking for a meaningful way to keep your children connected to their faith during the break? We are thrilled to announce Blessed Sacrament's Summer Adoration Program for Kids. From May 21 through July 31, all children – from infants through 8th grade – are invited to draw near to God through the beauty of prayer. How to participate:

- Grab a progress sheet: Pick one up in the back of the church or print your own directly from the online bulletin
- Pray and attend Church, then track: Use the sheet to guide your child's prayer journey throughout the summer months
- Earn rewards: Kids who complete the program will receive special prizes!
- Celebrate: Finishers and their families will receive an exclusive invitation to the Knights Family Picnic at the end of the summer (date TBD)

Questions? Please contact Josh and Amy Lambert at 308-636-6010.

Special thanks to the Knights of Columbus Council #11001 for sponsoring this wonderful program!

S.T.A.G.E SUMMER CAMP IN ARTS AND DANCE

Looking for some unique Summer Camps for your kids? Check out the S.T.A.G.E. Summer Camps in Art and Dance at <https://www.stage4kids.com/> Art Camps, designed for students 8 and up, will use various mediums and themes for complete works of art. These camps will be held June 1-5, and June 8-12 and are taught by Lee Hotovy. Additionally, Joie Meador will offer two dance camps June 8-13. Camp 1: *The Sleeping Beauty* ballet camp; Camp 2: *Dance Technique* for experienced dancers. Please visit <https://www.stage4kids.com/> for additional information and registration. May 3 due date.

THUNDERBOLT GUITAR CAMP – JUNE 1-5

Pius X High School is hosting a Jumpstart Guitar Bootcamp from June 1st through 5th, 9am to 11am, in the Pius music room. Taught by experienced professional instructors, students will learn how to read chords, tablature, and lead sheets. Cost is \$100. For more information contact todd-krier@cdolinc.net or go to <https://www.piusx.net/athletics/summer-camps/>.

TOTUS TUUS – JUNE 14-19

Totus Tuus is a summer catechetical youth program for 1st-8th grades and will be held at Blessed Sacrament Monday-Friday from 9am-3pm, June 14th through 19th. Each day includes catechetical instruction, daily Mass, songs, games & recess.

The high school program for 9th-12th grades will run Sunday-Thursday from 6:30-8:30pm the same week. The cost is \$20 per student or \$45 per family with 3 or more children. Participants in the grade school program should bring a sack lunch and recess equipment. Registration form is online at www.blessedsacramentlincoln.org.

Please call Cindy at 402-474-4249 or email cindyuhing@bsc.church if interested in volunteering.

FATHER & SON RETREAT – JULY 11-12

This weekend retreat for fathers (grandpas too) and their sons ages 11-17 provides opportunities for deepening the faith of fathers and the growth of their sons into mature manhood in the context of the Catholic faith. Saturday from 8am until Sunday 12pm. For more information visit

www.fathersandsonstogether.org or call Ed at 402-679-1841. To register, contact the St. Benedict Center at 402-352-8819.

VILLA MARIE SPECIAL OLYMPICS PROGRAM

Villa Marie Home & School for Exceptional Children is excited to explore launching a Catholic Special Olympics program for students across the Diocese of Lincoln. It is open to ALL Catholic parish families. This initiative provides meaningful opportunities for students with intellectual and developmental disabilities to participate in sports, build friendships, and grow in confidence and community. Programs like the Special Olympics serve millions of athletes worldwide and promote inclusion through year-round training and competition. Please see the attached flyer for more information.

FREE BOOKS FOR SUMMER READING

A free summer reading pack is waiting for your student! Go to goodandbeautiful.com/summer2026 and add a FREE Summer Reading Program pack to your cart - just pay \$1.99 for shipping per pack. Books for a variety of reading levels are available.

PIUS X WEIGHTLIFTING AND AGILITY SESSIONS

Pius X High School is hosting weightlifting and agility sessions this summer for incoming 7th and 8th graders, both boys and girls. See details in the chart below. Groups are capped at 60 athletes, so register to reserve a spot: <https://www.gobound.com/ne/schools/lincolnpiusx/camps>. Contact Brianna-Olson@cdolinc.net or Ryan-Kearney@cdolinc.net if you have questions.

<u>Session 1 – June 8th-30th</u>				
<i>Session 1</i>	<i>Days</i>	<i>Time</i>	<i>Max # Participant</i>	<i>Cost</i>
Group A	Mon & Wed	11:15am-12:15pm	60	\$25
Group B	Tues & Thurs	11:15am-12:15pm	60	\$25
<u>Session 2 – July 6th – 30th</u>				
<i>Session 2</i>	<i>Days</i>	<i>Time</i>	<i>Max # Participant</i>	<i>Cost</i>
Group A	Mon & Wed	11:15am-12:15pm	60	\$25
Group B	Tues & Thurs	11:15am-12:15pm	60	\$25

SUMMER READING CHALLENGE

All K-8 children are invited to participate in the Second Lady’s 2026 Summer Reading Challenge! Joining is easy: Just read 12 books of your choice between June 1 and September 5 and track your progress on the Reading Log found at this link: [Summer Reading Challenge – The White House](#). Each book you read brings you a step closer to completing the challenge.

Once you read 12 books, ask your parents/guardians to complete the reading log and you will receive a personalized certificate and a small prize! With your completed form submission, your name will be entered into a drawing for a chance to visit the Nation’s Capitol with a chaperone. We hope you will join in the reading adventure this summer!

PIUS X SUMMER MATH CAMP

Pius X High School is hosting a math camp for students who love math in 6th-8th grades. The camp is held on Wednesdays from 9:30-11:00am and goes from June 10th to July 22nd. See the attached flyer to register.

AILES DETASSELING

Want to earn some money this summer? Work for Ailes Detasseling! It is an excellent opportunity to earn great money in 2-3 weeks and still have time for summer camps and vacations. All supervisors are teachers, coaches, or youth leaders. Detasseling season begins anytime after July 1st. Ages 13 and older. Must be at least 5'3" or taller. Fill out an application on our [website](#) and come to a drive-thru to apply!